



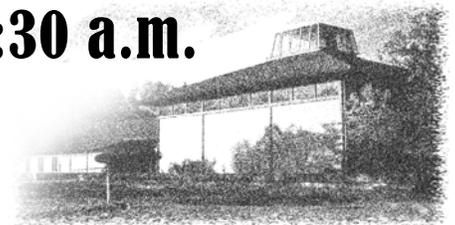
*"Then followed that beautiful season...
Summer....*

*Filled was the air with a dreamy and
magical light; and the landscape*

*Lay as if new created in all the fresh-
ness of childhood."*

~ Henry Wadsworth Longfellow

Sunday Worship, 10:30 a.m. and Religious Education



July 5

Managing Transitions*

Mariah Ducey and Alexa Carter

Many of us have questions and concerns during this time of change at MMUUS. Please join us for this special service dedicated to dealing with transition, after which there will be a question and answer period.

July 12

Dancing with God: The Interplay of Faith, Reason, and the Yearning for Connection

Rev. Libby Moore

Reverend Libby Moore was ordained by One Spirit Interfaith Seminary as an Interfaith Minister in 2011 and has also been certified as a spiritual counselor. A life-long Unitarian, Libby has belonged to First Unitarian Church of Rochester for more than 30 years. She facilitates and develops curriculum for UU Wellspring, a program for spiritual deepening. She also volunteers at a comfort care home in Rochester where she is known as "the soup lady".

July 19

Ann Tiffany and the Syracuse Peace Council

Please join us this Sunday for a special service led by guest speaker Ann Tiffany from the Syracuse Peace Council.

July 26

Change is Inevitable*

Alice Chico

The Greek philosopher Heraclitus wrote, "Change is the only constant in life." Please join May Memorial's own Alice Chico for a special service devoted to dealing with change.

***After these worship services, there will be an informal gathering to hear any concerns and answer questions about changes at MMUUS.**

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CareRing News & Notes

On June 22nd, **Bev Adams** fell at home and broke her hip. She has had the repair and now is recuperating at Menorah Park. She is alert and cheerful. **George** and their out of town children have been attentive. Cards and short visits would be welcome, though the physical therapy schedule has to be taken into account. Healing thoughts are on their way from us to her.

At Sunday morning's service, led by **Fred Fiske**, we serenaded **Irene Blakeslee** with our rendition of "Good Night, Irene." Irene is leaving Syracuse for her daughter's home in Houston sooner than she had thought she would; her house sold so quickly that the new owners are moving in on July 1st! Before heading South, Irene will visit her son downstate and other relatives and friends in New England. We will miss her, and hope that she will come back to visit us when she can.

Congratulations to **John Percival**, who recently graduated with a BS in Marketing Management from the Whitman School of Business Management at Syracuse University!



Greetings and Salutations, beloved community of May Memorial!

So far, my first couple of weeks as President of the Board of Trustees has gone great! I am learning fascinating new things about the UUA, leadership, organizational change, and human relationships. I am also learning about my own leadership style, and how I can make improvements to myself that would best serve May Memorial on the path of a healthy congregation. The board also welcomed two new members besides myself: Thank you **Alice Chico** and **Emanuel Carter** for agreeing to serve on the board!

We have secured an on-call minister, **Kathy Tew Rickey**, for the summer, to serve those with pastoral emergencies. The Care Ring has Kathy's contact information. They are there if community members need a caring presence. They will call on Kathy as needed.

Kathy Tew Rickey will be attending the Board of Trustees summer planning retreat, to help us plan for our ministerial search, as well as to help us craft a Board covenant, so that we might continue to set a good example of healthy leadership. She will also speak at our Water Service on September 13th (remember to collect water, as always, from the places you visit this summer, so that we can come back together as a community, with the Water Service in September). While I have not met Kathy as of this writing, I have spoken to her at length, and she seems knowledgeable, calm and focused.

While it has been hard for me to see Rev. Jean packing moving boxes in her office, I also truly wish her the best on her next adventure. It is difficult to say goodbye. And yet, my mind is on the future of May Memorial, and the opportunities for us to explore our communal theology and define our needs for a minister going forward. Change is hard, but I believe as we embrace it we will grow and blossom as a community.

I'm thrilled to have the opportunity to be at the helm during this wonderful and transformative time!

See you in church!

Mariah Ducey,
President, May Memorial UU Society

Introducing – Kathy Tew Rickey!

Kathy Tew Rickey will be our on-call minister for the summer—and beyond.

If you have a pastoral emergency, please contact the Care Ring at carering@mmuus.org or you may contact **Peggy Ryfun** (pegryfun@yahoo.com), **Alice Chico** (478-2393), or **Carol Bickart** (472-8173) directly, and they will put you in touch with Kathy. You may also call **Brian Betz** at the office at 446-8920. While Brian has reduced hours this summer, he will be checking MMUUS voicemail regularly.



Kathy Tew Rickey

Kathy lives in Webster, New York with her husband, Steve, and her daughters, Allison and Emily. Allison, 21, is a senior at University of Buffalo, where she studies history and anthropology. Emily, 19, attends college in Rochester, New York and is planning on studying Asian history and culture. Steve is a technical manager for a packaging company, which brought him and the family to Upstate New York six years ago. They have also lived in Atlanta, Georgia, Kalamazoo, Michigan, and Dallas, Texas.

Kathy was formerly employed in the banking and finance industry, but it was as a lay-leader in a Georgia congregation that Kathy experienced her call to ministry. In 2007, Kathy entered the seminary at Meadville-Lombard Theological School in Chicago, Illinois. As a modified-resident student, Kathy did coursework and studied independently for several years. Included in her course of study was an internship with First Unitarian Church in Rochester, New York (2010-11). She received her Master of Divinity in 2014. In 2013, Kathy completed a year-long residency as a chaplain at Strong Memorial Hospital in Rochester. She has served the Unitarian Universalist Church in Cortland, New York as contract minister for the last two program years. She will return to Cortland quarter time next year. Kathy will have her review with the Ministerial Fellowship Committee in December of this year.

Nearly twenty years ago, Kathy came to Unitarian Universalism as an agnostic with kids. The need to have a context in which to express gratitude for her life was the motivation for seeking congregational life. Kathy served many lay leader positions before entering seminary. Theologically, Kathy describes herself as Humanist with Buddhist leanings. She looks forward to getting to know everyone at May Memorial and serving the congregation in this transitional time.



Summer 2015 Worship Service Schedule

- | | |
|-------------------------|--|
| July 5 th | Managing Transitions* |
| July 12 th | Libby Moore |
| July 19 th | Ann Tiffany (Syracuse Peace Council) |
| July 26 th | Change is Inevitable* |
| August 2 nd | Concinnity Singing Group |
| August 9 th | Robert Strickland from the Zen Center |
| August 16 th | Finding Balance* |
| August 23 rd | Writers Group |
| August 30 th | Muslim Journeys with Allison Stokes |
| Sept. 6 th | Pat Rector from the Workers' Center of CNY |

****After these worship services, there will be an informal gathering to hear any concerns and answer questions about potential changes at MMUUS.***



Summer Office Hours now in effect

Until mid-August, May Memorial's office hours are **Mondays and Thursdays from 10:00 am until 3:00 pm.**



Members of the Congregation: RE needs you!

Members of the congregation are needed to guide the youth in the Religious Education Program.

We need guides for children in pre-school to 5th grade. We love having folks who are not parents (of current children) to be there to support and guide these wonderful children on the UU path. There are 3 terms—fall, winter and spring—each 6-8 weeks long. Subs are available, if you have to miss a week. Each group has 2 guides and a support person in the hall to assist as needed. The curriculum is provided! Contact **Stacy Sceiford**, our DRE, if you are interested in signing up or getting more information.



Please read the Pope's historic letter on the environment and climate change. It will be looked back upon as one of the most important—if not *the* most important—document, plea, request, whatever you want to call it, in the critical battle to save our planet.

http://w2.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.html.



Zero Waste, Make Haste

Making your own glass cleaner couldn't be easier. It has other benefits, as well. It gets toxins out of your house. Have you read what is in the brand you buy? I was amazed! It also saves **lots** of money. The batch I made up today saves over 90%. And, of course, the best reason for making your own glass cleaner is that it is an easy way to help clean up the environment. Here is the recipe:

Homemade Window Cleaner

1/4 cup white vinegar

1/4 cup rubbing alcohol

1 Tbsp. cornstarch

2 cups water

10 drops of essential oil (*I used lemon*)

Method:

- 1) Combine everything in a spray bottle. (I used the empty one from the brand I had bought.)
- 2) Shake well to mix it all up. (Be sure to shake your combination EACH time before use.)

Uses: Windows, mirrors, glass appliances, stainless steel, chrome, aluminum, ceramic, plastic. **Do not use on marble as, it causes it to corrode.**

I found this site very helpful: <http://wholenevmom.com/whole-new-budget/homemade-glass-cleaner-glass-cleaner-recipe/>.

~ Judy Antoine

Judy's blog is online at: <http://mmuusgreensanctuary.blogspot.com>



("Room in 8" continued)

Massachusetts on March 20, 1839, and he was installed on June 20, 1839.

One of his first orders of business was to help the congregation purchase a building larger than the wooden chapel at 317 East Genesee Street. He travelled throughout New England soliciting donations so that the Church of the Messiah could be built on the southeast corner of Burnet Avenue and Lock Street. It was dedicated on November 23, 1843.

He also committed himself to several humanitarian efforts to improve the conditions in the village of Syracuse at the time. It took a toll on his health, and he wrote to the Unitarian Association asking to be relieved of his post. The Unitarian Society at Syracuse, however, refused his resignation.

Eventually, the congregation granted him a leave of absence to improve his health. This was to no avail though. He died of a heart attack on March 17, 1844. He was interred on May 29, 1844 in Mount Auburn Cemetery in Cambridge, Massachusetts. His gravestone says that he was born in 1736, even though sources put this more likely at 1794.

In the end, Reverend Storer left behind a legacy of a well-established congregation with a new building, a Sunday school, and a charity circled in an incredibly short period of time. Perhaps, he did too much with too little exhausting himself in the process. Nonetheless, he certainly primed the congregation for the legendary ministers who would follow him.

~ Jay Brenner,
Chair, History Committee

Room in 8: May Memorial's new monthly history column

History was made on June 14, 2015, when the members of May Memorial Unitarian Universalist Society (MMUUS) voted to accept the resignation of **Reverend Jean L. Wahlstrom**. It was not the first time, however, that we have had a minister resign, nor is it likely to be the last. As we go through the process of searching for a new minister, or perhaps an interim minister, we ought to reflect upon our history of ministers. In my first year as chair of the history committee, I would like to engage us in a telling of our story by our twelve ministers, which will conveniently spread across twelve months, one at a time, until we return to the present.

First, however, I must extend my heartfelt thanks to the previous chair of the history committee, **Roger Hiemstra**. He has kindly given me a sign out of the accomplishments, the works in progress, and the to-do list. He has done an incredible job! His efforts will culminate in the much-anticipated release of a book chronicling his newsletter contributions.

Secondly, I would like to thank the MMUUS Board Immediate Past President, **Peter Colman**. He promptly accepted my request to fill the vacancy and serve as the chair of the history committee. I will include the following excerpt from the annual report regarding my hopes and aspirations for the committee:

- A history walk in the fall (possibly 9/12/15) to educate and recruit members to the committee.
- Archiving Nick Cardell's sermons at the Special Collections Research Center at the Bird Library.
- Placing the baptism set in a locked display.
- Writing a monthly column in the newsletter.
- Reviving the oral history project with the help of **Mary Louise Edwards**.

Anyone with any questions or comments regarding these goals or interest in helping attain them, please contact me at brennerj@upstate.edu.

Now, let us go onto our first minister, Reverend John P. B. Storer. The Unitarian Society at Syracuse voted unanimously to invite Mr. Storer to become their first minister after hearing him give sermons eight weeks in a row during the winter for 1838-1839. He gave notice to his congregation in Walpole,

(continued above right)

T'ai Chi Revolution



You are invited to join T'ai Chi Revolution to learn this slow and gentle Chinese exercise. T'ai Chi, also known as a meditation in motion, is an exercise that you can do for the rest of your life. Some consider it to be the perfect exercise to relieve the aches and pains of aging. T'ai Chi is low impact and the circular movements teach you to reconnect with your body. Practicing T'ai Chi will improve your balance and posture, strengthen your legs, and reduce stress. No experience or special equipment or clothing is needed. **A new beginners' class will be starting on Tuesday, July 21st, from 6:00 pm to 7:30 pm in the Social Hall.**

For general information, go to TaiChiRevolution.WordPress.com.

If you have any questions about the classes, please email taichirevolutioncny@gmail.com.

Community News



News from the Samaritan Center

Rev. Jean recently received the following letter from the Syracuse Samaritan Center, regarding our April 2015 "Change for Change" donation:

Dear Jean:

On behalf of the Samaritan Center's guests, Board of Directors, volunteers and staff, I would like to thank you for your generous donation.

Your donation of \$362.37 will enable us to provide a nutritious, well-prepared and dignified meal daily, without conditions, to men, women and children.

Your selfless giving and kind thoughtfulness toward those less fortunate allows us to offer a place of safety, hope and opportunity to individuals and families struggling with hunger and poverty..

I cannot fully express the difference you make in the lives of those we serve through your support and generosity. I can only offer my sincerest thanks and gratitude for your faith in us and the work we do to help those in need.

With deepest appreciation,

Mary Beth Frey
Executive Director, Samaritan Center

*Thank You for
your unending love
and support!*



News from InterFaith Works

Rev. Jean also recently received the following letter from InterFaith Works, regarding our May 2015 "Change for Change" donation:

Dear Jean:

On behalf of InterFaith Works of Central New York, thank you for your generous \$360.86 contribution in support of the agency's mission.

Your gift will help us to carry out our mission of affirming the dignity of each person and every faith community. InterFaith Works strives to create relationships and understanding through education, service and dialogue, and each of our programs -the Ahmad & Elizabeth El-Hindi Center for Dialogue, Center for New Americans, Senior Services and Spiritual Care-will benefit in some way from your generosity.

Your kindness is met with much gratitude from InterFaith Works and the thousands of people we serve.

Best Wishes,

A handwritten signature in black ink that reads "Beth".

*Beth A. Broadway
President/CEO, InterFaith Works*

*Your congregation's gift brought tears to my eyes. This kind support means a great deal to us. Thank you.
Beth*



Can you spare one hour a week?

Meals on Wheels of Syracuse desperately needs volunteers to help deliver healthy meals to those who need assistance. For just one or even two hours per week, you can make a difference in the lives of your elderly and disabled neighbors. Work in teams of two—one person to drive and one to deliver the meal to the recipient's door.

Delivery days are Monday through Friday.

For more information call (315) 478-5948 x 213 or visit www.meals.org.

May Memorial is a member of the Unitarian Universalist Association and the Unitarian Universalist Service Committee.

Glenn Kime
DIRECTOR OF MUSIC
Phone ♦ 315.729.3734

Stacy Sceiford
DIRECTOR OF RELIGIOUS EDUCATION
Email: dre@mmuus.org

Mariah Ducey
SOCIETY PRESIDENT
Email: president@mmuus.org

Brian R. Betz
OFFICE ADMINISTRATOR
Phone ♦ 315.446.8920
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Fax ♦ 315.446.4605
Office Hours: 9-4 Monday–Friday

NEWSLETTER SUBMISSIONS
Email:
newsletter@mmuus.org

MMUUSletter is a publication of events and information at May Memorial Unitarian Universalist Society. To be included on our mailing list, please contact our office at 315.446.8920 or office@maymemorial.com.

The deadline for the first of the month newsletters is the 15th of the preceding month. The deadline for mid-month newsletters is the 5th of the month. Articles received after the deadline will be included in the next newsletter. To submit an article, please email it to newsletter@mmuus.org.

May Memorial Unitarian Universalist Society
3800 East Genesee Street
Syracuse, NY 13214

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TIME VALUE

Calendar

Sunday, July 5th

10:30 am	Worship Service	Sanctuary
12:00 pm	Spanophiles	COA

Wednesday, July 8th

6:00 pm	PR Committee Meeting	Teen Room
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Sunday, July 12th

10:30 am	Worship Service	Sanctuary
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Tuesday, July 14th

6:00 pm	Care Ring Committee Meeting	Memorial Room
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Wednesday, July 15th

6:30 pm	Men's Fellowship Potluck/Discussion	Social Hall
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Saturday, July 18th

10:30 am	Worship Committee Meeting	Memorial Room
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Sunday, July 19th

10:30 am	Worship Service	Sanctuary
12:00 pm	Spanophiles	COA

Tuesday, July 21st

6:00 pm	T'ai Chi Revolution—Beginners' Class	Social Hall
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(see page 6 for details)

Sunday, July 26th

10:30 am	Worship Service	Sanctuary
2:00 pm	Shape Note Singers	Teen Room

Tuesday, July 28th

5:30 pm	Twisted Sisters (Women's Group)	Memorial Room/Pavilion
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6:00 pm	T'ai Chi Revolution—Beginners' Class	Social Hall
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