



## 2014 May Memorial Talent Show - March 9

*And The Feds said:  
Let There Be Light!  
(Apologies to Genesis)*

Be sure to turn your clocks one hour ahead Saturday night, March 8<sup>th</sup>, so you get to church on time at 10:30 am, coffee at 11:30 am, and don't miss The May Cabaret at 12:15 pm.

When you hear the drum beat, you'll know it's the proper moment to bring the whole family into the Sanctuary to be delighted by the performances of your light-hearted friends and neighbors.

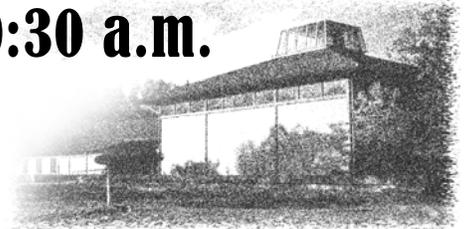
There'll be everything from classical to jazz to funny music, and serious to jolly speakers. So, shine on May Memorial! It's your 2014 talent show, and it all happens on **March 9<sup>th</sup>, at 12:15 pm.**

*The May Cabaret  
Don't Leave Church Without It!*

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## Sunday Worship, 10:30 a.m. and Religious Education



### March 2

**Repentance and Forgiveness**  
*Kelly K. Hall*

As the season of Lent approaches for Christians, how do we make sense of sin, repentance and forgiveness in our progressive UU tradition?

### March 9

**Stewardship Sunday**  
*Worship Committee*

Stewardship is about supporting what we value and enabling it to grow. When we become stewards, we take responsibility and contribute our time, talent and treasure. We are called to serve, not survive!

\* *Daylight Savings Time begins – “spring forward”*

\* *12:15 pm—May Memorial's Cabaret (Talent Show)*

### March 16

**Ostara and Persophone - Archetypes of the Wheel of the Year**  
*Kelly K. Hall*

Our bodies and minds react to the longer days and the (theoretically) increasing temperatures. What archetypes resonate with us as sources of the divine as we continue our journey out of winter and into the beginning of spring?

### March 23

**Guide Recruitment Sunday**  
*Rev. Jennifer Hamlin-Navias*

### March 30

**Sam May Sunday**  
*Guest Speaker: Dick Gilbert*



## CareRing News & Notes

We have learned that **Alice Aylesworth's** daughter, Margaret Arneson, 50, died unexpectedly on February 13<sup>th</sup>. A celebration of Margaret's life was held on Thursday at the Women's Information Center. Margaret was one of Alice's four children. Our deepest sympathy to Alice, daughter Katie Aiken, and sons Peter and Andrew Arneson.

We have two members with recently broken wrists: **Alice Chico** and **Greg Siwinski**. One wrist sacrificed to black ice, and the other to winter play! We wish them both speedy recoveries.



### Daylight Savings Time

Daylight Saving Time begins on **Sunday, March 9, 2014, at 2:00 am, so remember to set your clocks ahead one hour ("Spring ahead") before you go to bed on Saturday, March 8<sup>th</sup>.**

This is also an ideal time to change the batteries in the smoke alarms and carbon monoxide detectors in your home.



**O**n February 18<sup>th</sup>, twelve of our teens and four of our adults went on a service trip to Long Island to work on the rebuild effort after Hurricane Sandy. We had a lovely sendoff for them in our service on February 16<sup>th</sup>. And when they returned, they were so excited and thrilled that they had gone.

Our Teenz are not the only ones who have been helping the world. On Sunday, February 16<sup>th</sup>, the children who gathered in RE made sandwiches for the Samaritan Center. We had about 20 children downstairs. The kids and their adult helpers made about one hundred sandwiches. Those sandwiches were taken to the Samaritan Center, where they were given to those in need. Many of their clients cannot make it downtown twice in one day for meals. Being able to hand out sandwiches means that the Samaritan Center can stretch its effectiveness. Way to go kids!!

Coming up this month in RE:

**March 1<sup>st</sup> - 2<sup>nd</sup>** - There will be an OWL overnight. **Stephanie Cross and Dale Sherman** have generously opened their home to the group.

**March 2<sup>nd</sup>** - There will be regular RE. OWL group will meet at the Cross Sherman house. Teenz will meet at First UU.

**March 9<sup>th</sup>** - There will regular RE and OWL. Teenz will meet at First UU.

**March 16<sup>th</sup>** - There will regular RE and OWL. Teenz will meet at First UU. This is the last Sunday of winter RE.

**March 23<sup>th</sup>** - This will be an **intergenerational** worship service whose theme is "Religious Education at May Memorial". This will be the first Sunday of Spring RE. OWL and Teenz meet at First UU.

**March 30<sup>th</sup>** - There will regular RE and OWL. Teenz will meet at First UU.

**March 7<sup>th</sup> - 9<sup>th</sup>** - The Albany congregation is hosting a district-wide con for teens. Here is a link to the flyer about the con: <http://www.sld.uua.org/pdfs/2014/201403CookieCONster.pdf>

**March 8<sup>th</sup>** - The RE committee is excited to have a number of new members - **Leah and Josh Cronlund** (sharing one position on the committee), **Heidi and Emily Hart-Gorman** (sharing one position on the committee), **Darcy Jones, Paige Ouimette and Suzette Roberts**. It is great to have new folks and new interests. As part of this revitalization of the RE committee, we will be meeting with Cindy Beale, DRE at Northampton UU congregation. Besides being a DRE, Cindy works as a consultant to RE committees and programs. She will be meeting with the RE Committee and Jennifer on March 8<sup>th</sup> for a day of visioning for our RE ministry here at May. It promises to be a great time.

~ Rev. Jennifer Hamlin-Navias,  
Associate Minister for Religious Education



## Marvelous History Corner

# TYRANNY

# Freedom

# PEACE

# Perfection

## The Tyranny Quartet

I am slowly preserving (scanning) the sermons of our former minister, Rev. Nick Cardell (1974-1995). I have scanned over 500 thus far with many more to go. When reading just the titles there is some duplication, but still much reading is ahead for anyone interested. I only read a few that catch my attention and occasionally report on them in this column. A set of four that I have found intriguing was Nick's tyranny quartet, *Tyranny of Freedom*, *Tyranny of Words*, *Tyranny of Peace*, and *Tyranny of Perfection*. Most were written and delivered early in Nick's ministry but revised and delivered at May Memorial and other churches in this area.

First mention of the tyranny topic that I can find in what has been scanned thus far was a paper entitled, *The Tyranny of Freedom*, delivered at a Long Island Religious Education Teacher-Training Institute in 1961. It reads to me as though Nick was trying out the term because later sermons on that topic are quite a bit different. I believe the first time he may have introduced the concept of a tyranny quartet when as a minister at First Unitarian Society of Albany he delivered a sermon entitled, *The Four Tyrannies*, during the annual Pilgrimage Sunday in the Unitarian Church of Barneveld on June 21, 1964. (The Barneveld church was organized in 1803 and the annual pilgrimage has been in existence for more than 90 years.) I don't have access to very many sermons delivered prior to his time at May Memorial, so he may have talked about the quartet before then. There is evidence of this in the following quote when Nick appears to use "tyranny" as a way of describing how a word or concept holds sway over us or affects what we do. From that 1964 sermon he said, "... the future has an implicit weakness which often expresses itself in what I have called *The Four Tyrannies*. One of the perils of these four tyrannies is that they are not wholly tyrannical; they are attitudes and assumptions which we also value highly."

So how did Nick think about each of these tyrannies? In a January 28, 1968, sermon entitled, *The Tyranny of Freedom*, Nick talked about the concept a bit differently than in that 1961 paper, perhaps because it was a sermon and not a training institute paper. "[I see] ... a real problem among us. It's one I have described as the tyranny of freedom. Our most unique characteristic, our most prized asset has become a potential liability. Enslaved by the idea of freedom, we cannot act freely or even speak freely in the name of our religious institutions. Awed by our primary principles of religious freedom we are afraid to say anything about the Unitarian Universalist movement except that it is free. In our worthy effort to preserve the principle of freedom we are in danger of giving up its practice....Establishing and maintaining an active social responsibilities committee for any length of time seems to tax our capacities

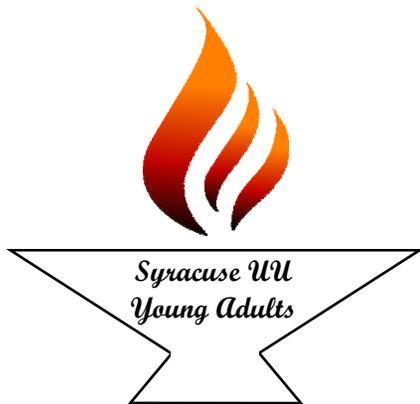
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("Marvelous History Corner" continued)

unreasonably. Why? It doesn't seem to be from any lack of interest in social issues. We debate them ad nauseam. The root of the cause is freedom. We are afraid of such committees because they may take stands or actions which appear to represent the church. And we even hesitate to set up procedures to guarantee that they only make statements which do represent the church because there would always be a minority unrepresented on some issues. It's a laudable concern; but when it produces complete inactivity, I wonder if it is a concern that has been carried too far."

In a July 24, 1970, sermon entitled, *The Tyranny of Words*, Nick noted that "the ubiquity of words is probably a primary source of their danger. They are so much with us that we often overlook their power in our lives. Words not only serve to convey meaning or express experiences and feelings, but words – even nonsense words – can be used to create feeling, experience, and meaning.... In a general sense, of course, we do place a very high value on words.... Confusion over words – some more serious than others – happens to all of us at all ages.... We are still very superstitious about words... One of the major misuses of words is what we call rationalization: the verbal means by which we logically justify what may not be justifiable in fact.... We have become so dominated by words and so dependent upon words that words take priority and perhaps one of the illnesses of our society is that we are so involved with the words, with the language of living, with the language of existence, that we get out of touch with our existence.

(continued on page 8)



## Meeting time change in March for Soul to Soul Discussion

The Syracuse UU Young Adults' discussion group *Soul to Soul* (**this March only**) will meet on the **third Tuesday (March 18<sup>th</sup>) at the Parlor at First UU.**

Please bookmark <http://syr-uuya.blogspot.com/> on your web browser and check it periodically for future Syracuse UU Young Adult updates and events.

## Bagel Brunch - March 9

An assortment of bagels and spreads will be available in **the Social Hall after the service on March 9<sup>th</sup>.** Art lovers staying for the Cabaret in the afternoon are welcome to enjoy a little snack before the performance begins. Be sure to mark your calendars for a tasty and entertaining Sunday.



## Goods & Services Auction scheduled for May 3



**T**he best parts of a goods and services auction are the time we spend in preparation, a fun evening with friends on the day of the event, and then getting to know congregation members better as we collect on our purchases. Please plan to enjoy all three stages this year by making or offering something that you love, joining us on Saturday, May 3<sup>rd</sup>, and bidding on one of the great experiences offered in the auction catalog.

### How would you like to get involved this year?

**Do your talents involve time spent in the kitchen?** There will be many items available for purchase on May third, and others which will be delivered throughout the year. Are you a maker of cakes, pies, cookies, breads, fudges and candies, jellies, jams or preserves, soups, stews, pastries?

**Do you love to entertain? Would you enjoy planning and preparing theme dinners such as Italian, Middle Eastern, Southern, Fondue, Chinese or Vegetarian? How about a gluten-free event?** This type of offering has the added benefit of creating a warm and welcoming atmosphere for people to come together and socialize.

**Are you a maker of beautiful and/or useful objects?** Could you offer a carved walking stick, a hand knitted sweater, Christmas ornaments, jewelry, framed photos or paintings, quilted items, hats, mittens, socks, a sculpture?

**Do you have special skills you are willing to share?** Do you sail, dance, kayak, practice yoga, speak another language, paint, do massage, hike, bicycle, do Reiki, paper marbling, garden, do scrap booking, play an instrument, teach dogs to do tricks? Please consider offering classes or shared experiences using these skills.

**Do you have something very special that another person or family might enjoy renting or buying?** This year a week at the McKay camp will again be available. **Chris and Fred Fiske** are offering their pop-up camper for sale. Do you have a time share or some wonderful item that your family has outgrown? Please take some time to think about what you might have to offer.

**Do you possess practical knowledge and skills that others in the congregation would find useful?** Can you design a garden, give investment advice, do yard work, walk dogs, tutor, babysit, housesit, dog sit, plow driveways, do grocery shopping, house clean, organize or provide transportation?

A nice project for a group or family is to create a theme basket for auction. Themes might include movie night, Italian dinner, chocolate, coffee-tea-cookie, spa, snacks, Mexican or books. If you do this with a group, no one person will be responsible for all the items and the expense can be shared.

Currently, we are in the process of compiling our auction catalog. Please contact **Alexa Carter** at [alexacarteralexa@iCloud.com](mailto:alexacarteralexa@iCloud.com) with your offerings and mark May 3<sup>rd</sup> on your calendar as an evening to spend with friends at MMUUS.

~ Alexa Carter

## Stewardship Campaign about to begin

**M**ay Memorial's Stewardship Campaign will soon be underway. In fact, you may have already received your pledge packet.

# Giving

The following is a testimonial from May Memorial member **Alexa Carter**:

*"I well remember the very first time I attended May Memorial. I was seated on the left hand side of the sanctuary and Nick Cardell was in the pulpit. I had two small children and it was time for them to enter the instructional phase of the church we had been attending, the church of my childhood, the church that had cloaked me in guilt and left me angry after most services.*

*As Nick extended his signature welcome, "This is our church, our synagogue, our mosque, our temple, yours and mine. Come with your doubts and your convictions, your failures and aspirations..." Over the years we have all heard many versions of this welcome, but that day was my first and it was transformational. I had a feeling of coming home. I knew this was the place for me and my family.*

*I never looked back after that Sunday. It is no small blessing to be part of a community that encourages questioning, that accepts differences and explores many ways of being in the world. My life would be greatly diminished without May Memorial. It is my privilege to help to sustain this society and keep it healthy. It is my spiritual home."*



### **Congratulations to the Awad Family!**

Along with the Center for New Americans, May Memorial helped the Awad family settle in Syracuse five and a half years ago.

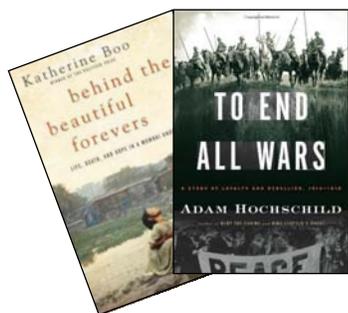
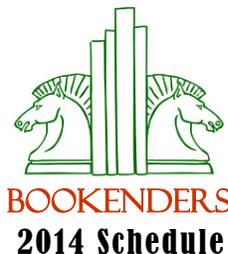
On Thursday, February 13<sup>th</sup>, **Nadal Jassim and Saad Awad** became citizens of the United States along with 49 people from 27 countries.

### **Our Care Baskets**

Let's be sure our foyer "pots" are filled with "gold" in the form of food and personal care items. Your generous donations are truly treasure for those in need.



~ Lee Ann McKinney



**Meetings are held in the Memorial Room on the designated Thursday at 1:30 pm.** Come for one book discussion or for all of them.

- Mar. 27<sup>th</sup>    **To End All Wars**  
by Adam Hochschild
- Apr. 24<sup>th</sup>    **Behind the Beautiful Forevers**  
by Katherine Boo
- May 22<sup>nd</sup>    **The Warmth of Other Suns: The Epic Story of America's Great Migration**  
by Isabel Wilkerson



## Oldies rock for a great cause

**O**n **Saturday, March 8<sup>th</sup>, from 7:30 pm – 10:00 pm**, local rock group “The Baby Boomers Band” will perform in May Memorial’s Sanctuary.



This concert is a disaster relief fundraiser for the American Red Cross.

Admission is \$15 and refreshments will be served.

So come out on March 8<sup>th</sup> and enjoy some good oldies rock while supporting a great cause!

## Blood Drive at May Memorial

**M**arch is Red Cross Month, and in keeping with “The Baby Boomers Band” concert fundraiser, the American Red Cross will hold a blood drive on **Monday, March 10<sup>th</sup>, at May Memorial, from 1:00 pm to 6:00 pm.**

Please call 1-800-REDCROSS (733-27677—yes, that’s an eight digit phone number) or visit [www.redcrossblood.org](http://www.redcrossblood.org) to schedule your appointment. Walk-ins are welcome, too!

Donors at this event will receive a limited edition decal to show their support of the American Red Cross!



## Testimonial from a friend

The following was written by May Memorial attendee **Veronica “Roni” Robinson**  
[Roni—My apologies for the delay! - Brian]:

*During this time of endings, beginnings, and great reflection, I would like to share some of my many blessings of 2013.*

*The frosty cold of the new year brought news that would warm my heart. My Franki was to be a mother, expecting her first child.*

*As the snow melted away, I began a new journey when I turned 50. Naturally, this is a milestone for many. For me it became a time of new experiences, reflection, and discovery. At least I could begin to discover the idea of being just me. Not the me the world around me expected of me. While traveling this journey, I found myself in this little store in North Syracuse. Some of you may know Mystic Side. As I was talking to the owner, Bonnie, about my faith journey and where it seemed to be leading me, I was in a conundrum. I had reached an impasse. Having been born and raised Catholic, I found myself in uncharted waters. I felt strongly pulled to Native American and Wicca spirituality due to the intense connection with nature. I have always felt closest to the spirit amid the outdoors laying in the grass, listening to the waves crash against the shore, hearing the song of the morning birds, or the calming melody of the evening crickets. This is where I found my god, my creator, the great spirit. Still amidst all this glory, I missed so much the sense of community. Bonnie then suggested May Memorial. In my travels, I had visited several different churches—Methodist, Lutheran, Episcopalian, etc. But Unitarian Universalist—what in the spirit’s name does that mean? The only reason I know if its existence was seeing it mentioned in the local newspapers’ event calendars. I must say I was a bit nervous, but thought “Why not?”*

*On that Sunday in April, my daughter and I were greeted at the door and **Peggy Ryfun** was at the welcome table to make us feel right at home.*

*Soon, spring faded and summer bloomed, while we realized that sense of community. With the passing of each week, we became part of a family. This family has encouraged us to ‘just be’. We have been accepted without condition, with love.*

*As the warm nights cooled and the leaves began to fall, we watched as the baby’s impending due date moved closer. **Mikey and Hannah** in the nursery have taken the time to know and love our **Anyia**, who has since turned 4 and started school on the very same day. Just after which, **Annabella** was born. On Sunday, September 15<sup>th</sup>, the little one joined us at May Memorial. She was 4 days old. With the coming of each week, **Judy Antoine, Alexa Carter, Stephanie Cross, and Fred Fiske**—just to name a few—checked on us, especially little Annabella. What a gift to have such a large family to help us grow and prosper!*

*(continued above right)*

*(“Testimonial” continued)*

*Now the year’s end has come and with it, the dead of winter. The cold outside is really nothing compared to the warmth felt in the Sanctuary.*

*I feel like this year has been filled with many blessings. So many of which have been shared here, within these walls, among the spirit of acceptance. For these and all the blessings bestowed on us as a family at May Memorial, I will forever be grateful.*

*~ Roni Robinson*

I would like to also share a poem that, I feel, eloquently expresses our journey:

*“Each day is a new beginning.  
Call it a clean slate, a fresh start, or  
simply a new dawn.*

*A world of possibilities waits for you,  
holding its breath until you tiptoe out  
and stamp your footprint in the dew.*

*You can be whoever  
Whatever however you want to be.*

*It’s all up to you. You don’t have to  
be held back by old thoughts,  
former mistakes, or past problems.*

*They’re just that - passed.  
Don’t let them strangle you  
anymore. You’ve already given  
them their due, now let go of the  
chains of your past and grab  
onto your future.*

*It starts right now. This is your life.  
Today start over, fresh, new, clean.*

*Just you and whatever you want to  
be. Stand on your own feet, take a  
tentative step. See? You can do it.*

*Now the other foot, and another  
step, and soon you’ll be racing the  
wind, chasing your dreams. A new  
world is waiting for you today.”*

*~ author unknown*

**Join Twisted Sisters at its  
new meeting time!**

## Twisted Sisters

Ladies, you are invited to a get-together with Twisted Sisters—at **their new meeting date and time (the third Thursday of the month) —Thursday, March 20<sup>th</sup>, at 5:30 pm in the Memorial Room.** This is an open, drop-in social group for all UU women and their friends—please bring a friend! Attendees are of a wide span of ages, and we have mothers, students, career women, retirees, and more who join in our laughter-filled gatherings. Feel free to bring a light snack and/or beverage to share, (not required). See you then! Email **Laura Knight** at [lauraknight.md@gmail.com](mailto:lauraknight.md@gmail.com) with questions or suggestions.

## Marvelous History Corner

*(continued from page 3)*

*We are so involved with the words of feeling, with the language of meaning, that we've lost any direct encounter with our own feeling."*

In an undated (but most likely 1970) sermon Nick said that *"this is the third in a series of sermons I have called the 'Four Tyrannies.' And this one concerns itself with the Tyranny of Peace. Peace is one of a very few words having almost no negative associations attached to it, except with regard to international affairs. In the area of international conflict there is a tendency to equate peace with appeasement.... [However,] life itself would never have evolved had it not been for conflict. In an age such as ours, where the need for an easing of tension and a lessening of conflict is so vital to our existence, it is easy to overlook the creative function of conflict, and instead to establish peace as our primary value, our primary goal in all areas of life.... When peace is allowed to become so important that we will pay any price for it, when it is our primary goal, then it has become a tyrannical evil, not a good. For then it exercises an unqualified, arbitrary, and often irrational controlling power over us."*

Finally, in an early 1970 sermon, Nick said *"This sermon – The Tyranny of Perfection – is the last in a series. There could have been five, or six, or three, but the last in the series would have to have been this one. The theme of this sermon is what ties the others together; it is what the other three have in common. When I speak of perfection I am using it as a short hand word or symbol. By perfection I mean something more than a simple dictionary definition ... I mean an ideal state, a flawless creation, something without blemish ... We seek perfection in so many different ways – perfect peace, perfect words, perfect freedom, the perfect deed, and there is a sense in which we seek perfection itself. The tyranny of perfection exists in that we either fail to recognize or admit that perfection is unattainable, or we recognize it, admit it, and resign ourselves to mediocrity.... A passion for perfection is a good thing, but not if it blinds us to our own finitude and fallibility; not if it forces us into cynical resignation and mediocrity; not if it drives us to destructive self-deception."*

Can you think of other tyrannies? If so, email me at [rogerhiemstra@gmail.com](mailto:rogerhiemstra@gmail.com) and I will print your suggestions in a future newsletter article.

[Note: It was impossible to do justice to four great sermons just by abstracting words and sentences into a paragraph on each. If you would like to read the originals from which I quoted the words above, let me know and I will be happy to send them to you as a PDF file.]

~ Rog Hiemstra,  
Chair, History Committee



# MUSIC AND THE ARTS

## 2014 Folkus Concert Schedule

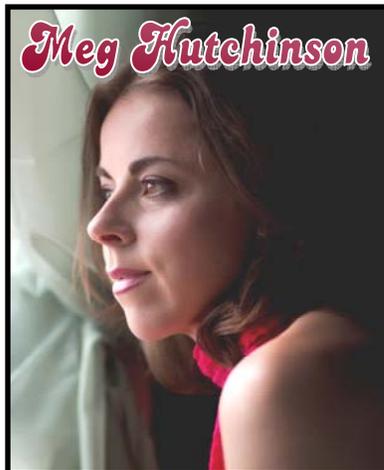


The following Folkus concerts will take place at May Memorial:

March 7<sup>th</sup> - **Meg Hutchinson** - Meg is yet another of those amazing young "urban folk" songwriters, with a magical voice and a subtle intensity that grows and grows. She's a winner of a Kerrville New Folk Award and was nominated for a Boston Music Award for her first studio album *Against the Grey*.

Artist's website: <http://meghutchinson.com/>

Tickets are \$15 (Folkus Member price: \$12).



March 21<sup>st</sup> - **Rebecca Colleen and the Chore Lads** - Rebecca was raised with

musical influences that included gospel, bluegrass, and country, and began her musical career at age 12, performing first with her father and brother in the McDonald Family Band. In 2008, with the support of an ever-growing fan base, the band switched gears and became "Rebecca Colleen and the Chore Lads" featuring her as the lead vocalist.

The Chore Lads are a veteran, bluegrass-leaning ensemble that includes her father, Peter McDonald, a lifelong musician who plays fiddle, banjo, and guitar, and adds baritone harmonies; well-known local multi-instrumentalist Perry Cleaveland, whose fiery and tasteful mandolin is supplemented by tenor harmonies; and Doug Henrie, of the famed Henrie Brothers, who adds his distinctive "doghouse bass."

Artist's website: <http://www.rebeccacolleen.com/>

Tickets are \$15 (Folkus Member price: \$12).

All shows start at 8:00 pm. To reserve tickets, or for details and additional ticket info, visit <http://www.folkus.org>.



### More Beautiful Music

**Nancy Pease** will present a Sunday Serenade—a free concert on our Steinway piano—at **12:15 pm on March 30<sup>th</sup>**, after the service and coffee hour.

This concert is presented by the Music and Arts Committee.



## Highlighting the “T” in LGBT: What in means to be Transgender

All Saints and St. Lucy's Catholic Churches and Family Allies for Transgender Equality in NYS present the following workshop series addressing myths, realities and how to become an effective ally:

**Tuesday, March 4<sup>th</sup>**

**10:00 am — 11:30 am;**

**7:00 pm — 8:30 pm**

*“Voices from the Journey: Hearing from Transgender Persons”*

**Saturday, March 8<sup>th</sup>**

**(Morning Session)**

**9:15 am — 11:30 am**

*“Understanding Transgender”*

**Saturday, March 8<sup>th</sup>**

**(Afternoon Session)**

**Afternoon Session: 11:30 am — 12:30 pm**

*“Becoming an Effective Ally for Trans Rights”*

In these workshops, you can learn about myths and realities of transgender identities and experiences, and explore how these issues are relevant to us and our communities.

All events will be held at the All Saints Parish Bishop Harrison Center, 1342 Lancaster Avenue, Syracuse, NY.

For the Saturday afternoon event only, please register at [fatenys.org/registration](http://fatenys.org/registration).

## Community News

### WhaleCoast Alaska 2014

**H**ave you always dreamed of visiting Alaska? If so, **WhaleCoast Alaska 2014** is for you! Four Alaskan UU fellowships invite you to experience our eco-cultural and spiritual program this summer! See Alaska through the eyes of local UUs in Anchorage, Fairbanks, Juneau, and Sitka with friendly homestays and unique tour activities. See wildlife, including moose, bear, whales, bald eagles, seals, and caribou. Visit Denali National Park. Experience Native Alaskan culture. Enjoy all that our beautiful state has to offer. Programs led by Dave Frey, a member of the Fairbanks, Alaska UU congregation, an expert in Alaska travel. To find out more about your Alaskan trip of a lifetime, visit [www.WhaleCoastAK.org](http://www.WhaleCoastAK.org), email [dfrey@whalecoastak.org](mailto:dfrey@whalecoastak.org), or call (907) 322-4966.



### Thinking about a meaningful volunteer service trip this year?

**P**lease consider contacting the Rev. Susan Karlson, the CERG Disaster Response Coordinator. She will help coordinate your trip with work sites and volunteer housing plus offer an orientation and some debriefing afterwards. Contact her at [skarlson@uuma.org](mailto:skarlson@uuma.org) or call (347) 979-6742. Check out the CERG UU Sandy Recovery Facebook page for updates, volunteer opportunities and worship resources (CERG UU Sandy Recovery Facebook).



# Calendar (continued from page 12)

## Sunday, March 16<sup>th</sup>

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:15 pm	Spanophiles	COA

## Monday, March 17<sup>th</sup>

6:30 pm	<b>*Happy St. Patrick's Day!*</b> Spiritual Enrichment Group	Memorial Room
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## Tuesday, March 18<sup>th</sup>

3:00 pm	T'ai Chi Chih	Social Hall
7:00 pm	Board of Trustees	Social Hall

## Wednesday, March 19<sup>th</sup>

6:30 pm	Men's Fellowship Discussion/Potluck	Social Hall
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## Thursday, March 20<sup>th</sup>

3:00 pm	<b>*First day of spring*</b> T'ai Chi Chih	Social Hall
5:30 pm	Twisted Sisters	Memorial Room
7:30 pm	Choir Rehearsal	Sanctuary

## Friday, March 21<sup>st</sup>

8:00 pm	Folkus Concert: Rebecca Colleen and the Chore Lads	MMUUS
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## Sunday, March 23<sup>rd</sup>

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room

## Tuesday, March 25<sup>th</sup>

3:00 pm	T'ai Chi Chih	Social Hall
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## Thursday, March 27<sup>th</sup>

1:30 pm	Bookenders	Memorial Room
3:00 pm	T'ai Chi Chih	Social Hall
7:30 pm	Choir Rehearsal	Sanctuary

## Sunday, March 30<sup>th</sup>

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:15 pm	Nancy Pease—Sunday Serenade	Sanctuary

## When you wear your name tag...



When you wear your name tag, you are saying something about yourself beyond your name. By pinning or sticking on that name tag, you say...

- *I am a courteous person, who relieves others of the struggle of trying to remember everyone's name.*
- *I am an open person, who wants to get to know others, and welcomes them getting to know me.*
- *I am a helpful person, who is eager to do my part to build connections in our changing congregation.*
- *I am a thoughtful person, who remembers how I myself have suddenly blanked on the name of a dear acquaintance.*
- *I am a realistic person, who knows that there are always visitors here, and that to get to know us, they need the help of our name tags.*

# May Memorial

Unitarian Universalist Society

May Memorial is a member of the Unitarian Universalist Association and the Unitarian Universalist Service Committee.

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NEWSLETTER SUBMISSIONS  
Email ♦ newsletter@mmuus.org

**MMUUSletter** is a publication of events and information at May Memorial Unitarian Universalist Society. To be included on our mailing list, please contact our office at 315.446.8920 or office@mmuus.org.

**The deadline for the first of the month newsletters is the 15th of the preceding month. The deadline for mid-month newsletters is the 5th of the month.** Articles received after the deadline will be included in the next newsletter. To submit an article, please email it to newsletter@mmuus.org.

May Memorial Unitarian Universalist Society  
3800 East Genesee Street  
Syracuse, NY 13214

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## TIME VALUE

## Calendar

### Sunday, March 2<sup>nd</sup>

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:00 pm	Bagel Brunch	Social Hall
12:15 pm	Spanophiles	COA

### Monday, March 3<sup>rd</sup>

6:30 pm	Spiritual Enrichment Group	Memorial Room
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### Tuesday, March 4<sup>th</sup>

3:00 pm	T'ai Chi Chih	Social Hall
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### Thursday, March 6<sup>th</sup>

3:00 pm	T'ai Chi Chih	Social Hall
6:30 pm	Nominating Committee	Memorial Room
7:30 pm	Choir Rehearsal	Sanctuary

### Friday, March 7<sup>th</sup>

8:00 pm	Folkus Concert: Meg Hutchinson	MMUUS
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### Saturday, March 8<sup>th</sup>

7:30 pm—10:00 pm	American Red Cross Fundraiser Concert: The Baby Boomers Band	Sanctuary
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*(see page 6 for details)*

### Sunday, March 9<sup>th</sup>

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:15 pm	May Cabaret Talent Show	Sanctuary

### \*Daylight Savings Time begins\*

### Monday, March 10<sup>th</sup>

1:00 pm—6:00 pm	American Red Cross Blood Drive	Social Hall
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*(see page 6 for details)*

### Tuesday, March 11<sup>th</sup>

3:00 pm	T'ai Chi Chih	Social Hall
7:00 pm	Program Council	Memorial Room

### Thursday, March 13<sup>th</sup>

12:00 pm	Green Sanctuary Committee	Memorial Room
3:00 pm	T'ai Chi Chih	Social Hall
7:30 pm	Choir Rehearsal	Sanctuary

### Saturday, March 15<sup>th</sup>

9:30 am—11:00 am	Choir Rehearsal	Sanctuary
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*(continued on page 11)*