



View from the Study Window...

On January 19th, my last Sunday worship with you until June, I spoke about sabbath, sabbatical, and the need to attend to and replenish one's soul. I shared a lesson from the Jewish rabbinic tradition:

A man on the sabbath took a walk through his orchard. He saw a tree in need of pruning, and he made a mental note to return when the sabbath was over. The next day, he came to tend the tree – only to find that it had been destroyed.

So, should he have stopped to prune the tree as soon as he noticed it? On the contrary, said the rabbis. They said it dishonors the sabbath to even take note of what needs doing.

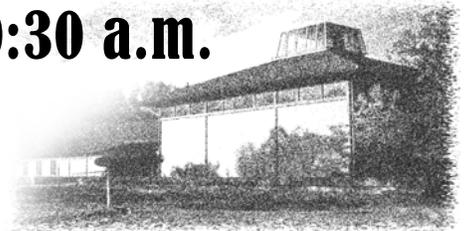
Some of my best ideas come unbidden during free hours. I often find fresh insights on my day off, out of doors or doing simple household chores. But a true sabbath is no mere day off. It is what Rabbi Plaut

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Sunday Worship, 10:30 a.m. and Religious Education



February 2

Look Into Your Hands: A Meditation

Susan Daiss

Handprints are among the most ancient of images preserved in the history of art. This service will explore the amazing gift of our hands and give us a chance at the end of the service to make individual hand portraits—which may be joined if you wish in a group portrait of the congregation.

**12:00 pm—First Sunday Luncheon (hosted by the MMUUS Choir)*

February 9

Coming Home

Rev. Jennifer Hamlin-Navias

The focus and theme of today's service is how do we define home, what makes a home a home, and what does it mean to come back home. There will be bits of wisdom for our adults, and learnings and experiences for our younger folks. We invite all ages into this service to celebrate home.

February 16

Kelly K. Hall

Please join us in welcoming Kelly Hall back to the MMUUS pulpit.

February 23

Art as a Spiritual Practice

Worship Committee

Some of us hear the words "art" and "spiritual" and say, "That has nothing to do with me. I am neither artistic, nor do I believe in spirituality." Many of us, however, have a passion which thrills us and feeds our inner being. Many of us build time into our hectic schedules to take part in an activity which brings us satisfaction and peace. Perhaps it is time to broaden our concept of what is spiritual and what is artistic.



CareRing News & Notes

Kudos to **Perrin Kaftan**, who graduated from St. Joseph's Nursing School last Sunday! All this study while raising four children! (Well, **John** helped a lot.)



Dan Sage's Memorial Service to be held on February 8

Longtime MMUUS member and staunch social justice advocate **Dan Sage** passed away on January 11th. **A memorial service and reception will be held at May Memorial on Saturday, February 8th, at 1:00 pm.**

Let us keep **Doris Sage** and their children in our thoughts and prayers.



It has been quite a while since I have written a newsletter article! As I write this article, I am not yet back really. I was at May this morning (1/19) for an RE committee meeting. It feels good to be preparing to come back to ministry at May Memorial.

First of all I would like to say thank you to **Kelly Hall** for stepping in on short notice to cover for me.

Without her this would not have been possible. I would also like to thank **Stephanie Cross** who really stepped up in her role as Religious Education Committee chair and took on more and supported and helped Kelly a lot. The Religious Education Committee has been just great—and we even have some new members! Thank you also to **Sherrie and Richard Coombs, Brian Barfoot** and **Adam Crafter**—all of whom have been ministering with our senior high youth. We couldn't do it without you all!!

These past six months have been a time of great change for me and my family. My father passed away much more quickly than we expected. Our grief is resolving but there will always be a piece missing in our family now. Because of the generosity of you all in letting me take this leave, I was able to make 4 (!) trips to California to deal with estate matters. My siblings and I have made most of the big decisions. It was wonderful to be able to have the time to truly focus on all the changes.

I was also able to travel to Santa Fe to visit my son Toby. This was the first time I had been able to visit him and it was wonderful as a mother to see his life and see how happy he is. It is a wonderful as a mother to see your child (ren) resolve their adolescence and move into adulthood.

I am excited to be coming back. There are many plans yet to be made, but we will be making them.

My first official day is February 1st. I am still trying to work out my schedule. Here is what I am hoping for office hours. The numbers do not add up to 40 hours per week because much of what is done in ministry is not done in one's office. And clearly there will be days when a visit to someone will happen during office hours. But in general this is what I am hoping for.

- **Monday: *Day Off*** I will not be answering emails, phone calls or texts. Nor will I go on Facebook (*really, I promise!*)
- **Tuesday:** 11:00 am - 3:00 pm (work from home)
4:00 pm - 8:00 pm (office hours at MMUUS)
- **Wednesday:** 9:00 am - 2:00 pm (office hours at MMUUS)
- **Thursday:** 9:00 am - 2:00 pm (office hours at MMUUS)
- **Friday:** 9:00 am - 5:00 pm (office hours at MMUUS)
- **Saturday: I will try to take this day off whenever possible**
- **Sunday:** 8:30 am - 2:30 pm

I look forward to seeing you all on February 2nd.

~ Rev. Jennifer Hamlin-Navias,
Associate Minister for Religious Education



Marvelous History Corner

Historical Potpourri

Every three years I devote a column to a potpourri of historical happenings as I discover and save them while meandering through the archives. This article is the third of these efforts. The first of these happenings centers on an interesting coincidence. In the summer of 1843, church leaders agreed that an abolitionist rally could be held in our first church building, a small wooden building known as the little tabernacle. However, our first minister, Rev. John Storer, often referred to it as our "little chapel" (to view some history on that church and our early church buildings, go to this site: <http://history.mmuus.org/churchtribute.pdf>.) John was none too happy about the rally being held there as were some of the church members. A few days after that rally the coincidence took place. Rev. Sam May preached his first sermon in Syracuse several months before he was a candidate to be our minister. He was on a vacation trip to Niagara Falls with his wife, Lucretia, and financed part of this trip by preaching in Unitarian churches along the way. Hearing of the discontent among some church members about that rally, although already established as an abolitionist himself, he avoided any conflict by preaching on a religious topic while not talking about slavery. I suspect that is why when he was a candidate in late 1844 he made sure everyone in the church knew he was an active abolitionist.

The second item pertains to the picture of Rev. Elizabeth Padgham shown in this column. It was taken when she was pastor of the Unitarian Church of Our Father in Rutherford, N.J. I have talked about Elizabeth several times in the history column (<http://history.mmuus.org/newsletterarchives.pdf>) and devote space to her in the supplemental history page (<http://history.mmuus.org>) referring to her as our favorite daughter. After Elizabeth retired from the New Jersey church, she returned to Syracuse and considerable leadership in our church for several years. She was considered to be an honorary minister here, serving on the Board of Trustees, delivering sermons annually for many years, and bequeathing much to us upon her death.

The third item is a delightful photo discovered in one box. As we venture toward improvements in our kitchen as part of the capital campaign, the second photo centers in our kitchen. It is a color snapshot of the kitchen crew on a Sunday in 1976 as they carried out their volunteer duties. The people in the photo are Carol Cohen (L), **Ann Pia** (center), and Roberta Brain (R). Ask Ann

(continued above right)



Rev. Elizabeth Padgham



Carol Cohen, Ann Pia and Roberta Brain (1976)

(“Marvelous History Corner” continued)

if she remembers that day.

Finally, I was surprised to learn that Rev. Cardell actually served four churches as minister. I had known that he served the First Unitarian Church of Plainfield, N.J., and then the First Unitarian Church of Albany before coming to May Memorial. However, I discovered a transcript from an interview of Nick by former member and church historian, Jean Hoefer, conducted on 12/11/86. In one part of the interview, Jean asked Nick how he prepared for the ministry. Nick replied, *“I made the decision at the end of my first year in college...between religion and politics, and finally decided on religion for a variety of reasons. At the time I was a Presbyterian, so I got in touch with the Presbytery in NYC. They have a system called taking people under care of the Presbytery. So I was taken under care...and then went ahead with my college studies as a philosophy major at Columbia. During my last year at Columbia...I was over at Union Theological Seminary [Nick studied there the next year]...getting lined up for a field work assignment ...I wound up with a kind of preaching assignment, a kind of pulpit supply for one Sunday on Long Island...I was invited back to be a candidate for their pulpit. It was a tiny church (Pt. Lookout Community Church, Pt. Lookout, NY), non-denominational. A little desperate for money anyway, I sort of leapt at the chance and they called me as their minister.”* Nick stayed there from 1952-54 before discovering Unitarianism and switching from Union Theological Seminary to Meadville Theological School. The fun part about digging through our archives is that you can always discover something new.

~ Rog Hiemstra,
Chair, History Committee



First Sunday Luncheon - February 2

All are invited to the First Sunday Luncheon **on February 2nd**, after service. The luncheon will be hosted by the MMUUS Choir.

Join Twisted Sisters at its new meeting time!

Twisted Sisters

Ladies, you are invited to a get together with Twisted Sisters—at **their new meeting date and time (the third Thursday of the month) —Thursday, February 20th, at 5:30 pm in the Memorial Room.** This is an open, drop-in social group for all UU women and their friends—please bring a friend! Attendees are of a wide span of ages, and we have mothers, students, career women, retirees, and more who join in our laughter-filled gatherings. Feel free to bring a light snack and/or beverage to share, (not required). See you then! Email **Laura Knight** at lauraknight.md@gmail.com with questions or suggestions.

Welcoming the newly dedicated children of May Memorial

On January 19, 2014, the following children were welcomed into May Memorial in a child dedication and naming service performed by Rev. Jean:

- **Julian John Perrine**, son of **Aaron and Amanda (Acquard) Perrine**
- **Sadie Broderick**, daughter of **Matthew Broderick**
- **Sofia Maya Cronlund, Phoebe Somer Cronlund and Ava Grace Cronlund**, daughters of **Josh and Leah Cronlund**
- **Ellery Valentine Crafter**, daughter of **Laura Knight and Adam Crafter**
- **Camille Ouimette-Garza and Elizabeth Ouimette-Garza**, daughters of **Paige Ouimette** and stepdaughters of **Clay Harpending**



Goods and Services Auction - May 3, 2014

It's not too early to be thinking about what you might like to offer for our spring goods and services auction. What special skills do you have that you would like to share? What kind of special evening would you most like to enjoy with friends? Please send your offerings as well as any ideas or suggestions you might have to **Alexa Carter** at alexacarteralexa@iCloud.com.





The
Quest for
Social Justice



May Memorial's Social Justice Committee

While abrupt change is a common phenomena, sometimes change comes slowly over time. It is the latter which best describes what has happened to the MMUUS Social Justice Committee. The last major project the committee sponsored was working with the Center for New Americans in 2005 to settle the Awad family from Iraq. Last September it became obvious that the feisty little core of activists in this group could no longer keep the committee functioning, and it stopped having regular meetings.

It is important to note that MMUUS still delivers food and personal hygiene items to the Interreligious Food Consortium and to Plymouth Church, thanks to **Lee Ann McKinney's** creative newsletter messages. The "Change for Change" program continues. There are on-going social justice issues addressed by the Green Sanctuary Committee, and the Homeless and Hungry committee provides meals at the Samaritan Center. There may be another Haiti trip in our future. These activities were never directly part of the Social Justice Committee's work. And of course, many of our MMUUS members are very involved in justice issues in Syracuse.

It is hard to predict what will happen to this important committee. I hope the time will come when someone is inspired, envisions a project which express our UU values and wants to implement it through our beloved community. Then the committee will resurrect itself and challenge us to work in the wider world. If you have time, energy and an idea that you've been considering recently, please let me know.

Maybe the time for rebirth is now.

~ Vicky Schipper
sjc@mmuus.org



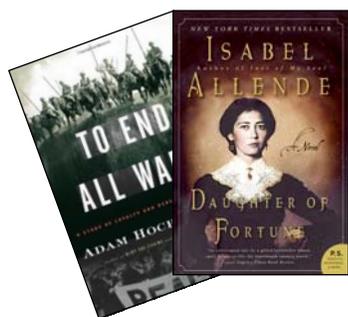
Syracuse UU
Young Adults

Syracuse UU Young Adults welcomes new members

If you are over the age of 18 and you're interested in a community of faith specifically designed to meet your needs, please come help us build that community!! I invite anyone who is interested in spiritually enriching small-group discussions of topics relevant to young adults and fun social events to get in touch with

Pilar Lyons via email (pilarlyons@gmail.com) or to join the Facebook group (www.facebook.com/groups/Syr.UUYA/) or visit <http://syr-uuya.blogspot.com>.

~ Pilar Lyons,
Syracuse UU Young Adults



Meetings are held in the Memorial Room on the designated Thursday at 1:30 pm. Come for one book discussion or for all of them.

Feb. 27th **Daughter of Fortune**
by Isabel Allende

Mar. 27th **To End All Wars**
by Adam Hochschild

Apr. 24th **Behind the Beautiful Forever**
by Katherine Boo

May 22nd **The Warmth of Other Suns: The Epic Story of America's Great Migration**
by Isabel Wilkerson

"MAY MEMORIAL
LOVES THE ARTS
MONTH"



Coming Soon...The May Cabaret!

You don't want to miss The May Cabaret on **Sunday, March 9th, at 12:15 pm in the Sanctuary.** This annual entertainment event is brought to you by the Music and Arts Committee.

Come and enjoy **Ken Pease**, our masterful Master of Ceremonies, introducing a terrific variety of performances by our members. Did you know how gifted our members are? They will make your vital signs happy at this once a year production.



*The May Cabaret...
don't leave church without it!*



NEWS FROM THE ST. LAWRENCE DISTRICT

2014 District Assembly to be held in Erie, Pennsylvania

This year's District Assembly will be a joint meeting with the Ohio-Meadville District. The featured speaker will be Meg Barnhouse whose stories and music have entertained us so much over the years. Her keynote is entitled, "Seeds of a Spirited Life." The Gould Lecture will be delivered by Pricilla Richter of Schenectady and her talk is entitled, "Ours is No Caravan of Despair." The St. Lawrence website provides details of the conference which will take place on **March 28-29, 2014.** For more information, visit the St. Lawrence District's website at sld.uua.org

Scrap Metal Drive at May Memorial



This winter and spring the intrepid fund raisers of May Memorial are organizing a scrap metal drive in hopes of creating a new revenue stream for our society.

Many of us are ready to clear out stuff that has been hanging around our houses and property for many years. There is always a market for metals of all kind and many scrap dealers in the Syracuse area. We are hoping to locate some of these metal treasures, harness the energy of some of our younger members and create a “Win-Win” situation with members clearing out stuff they no longer need, and the church gaining some much needed funds.

Here's how it will work:

- Locate and identify items you are ready to toss
- Use the list found later in this article to help
- Notify **Alexa or Gary Carter** that you have some scrap
- We will gather our volunteers and set a time convenient for all to come and collect your metal
- This process can happen any time, but items sorted inside buildings and barns will be easier to collect in winter, while things that may be outside will probably have to wait till the snow melts.

What to Collect?

- Steel
- Bicycle Frames
- Desks
- Filing Cabinets
- Pots and pans
- Pipes

~ Alexa Carter
alexacarteralexa@iCloud.com



Spiritual Enrichment Groups

All Spiritual Enrichment groups are open to new members. However, they are not “drop in” groups – that is, we ask you to try it out for a few sessions, and then make a commitment to regular attendance. Each group has a covenant of shared understandings about their meetings and participation.

To find out more about the program, pick up the brochure “*Spiritual Enrichment Groups – the Small Group Ministry program at May Memorial UU Society*”, or one of the group facilitators. If you are interested in joining a group, you will find an interest form in the brochure – or email the Worship Committee (worship@mmuus.org) your name, contact information, and which group(s) would match your availability.



Oldies rock for a great cause

On **Saturday, March 8th, from 7:30 pm – 10:00 pm**, local rock group “The Baby Boomers Band” will perform in May Memorial’s Sanctuary.

This concert is a disaster relief fundraiser for the American Red Cross.

Admission is \$15 and refreshments will be served.

So come out on March 8th and enjoy some good oldies rock while supporting a great cause!



MUSIC AND THE ARTS

2014 Folkus Concert Schedule

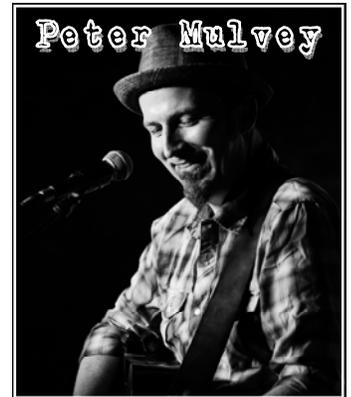


The following Folkus concerts will take place at May Memorial:

February 7th - **Peter Mulvey** - A husky, smoky voice; incendiary guitar; singular, moody songs; and theatrical flair all come together to identify the music of Peter Mulvey. His extraordinary songs contain a complexity of detail and range of effect that are rare.

Artist’s website: <http://petermulvey.com/>

Tickets are \$15 (Folkus Member price: \$12).



February 21st - **Mike Powell** - He's back. A few years ago, the former SU lacrosse player surprised everyone with his stage charisma, performance skills, and surprisingly mature songwriting style. Then he disappeared, only to reappear a few months ago and then take Syracuse by storm (again). Don't miss this chance to catch this buzzed-about local talent for the first time at May Memorial.

Tickets are \$15 (Folkus Member price: \$12).

March 7th - **Meg Hutchinson** - Meg is yet another of those amazing young “urban folk” songwriters, with a magical voice and a subtle intensity that grows and grows. She's a winner of a Kerrville New Folk Award and was nominated for a Boston Music Award for her first studio album *Against the Grey*.

Artist’s website: <http://meghutchinson.com/>

Tickets are \$15 (Folkus Member price: \$12).

All shows start at 8:00 pm. To reserve tickets, or for details and additional ticket info, go to <http://www.folkus.org>.



Voices for Worker Equality Film and Speaker Series: Wally Reardon

Sunday, February 2, 2014, at 12:00 pm

First Universalist Church of Central Square, Routes 49 & 11, Central Square, New York

The Social Justice Committee of First Universalist Society of Central Square presents Wally Reardon and his program "*Cell Phone Tower Deaths: The Workers at Heights Safety and Health Initiative*" as part of their Voices for Worker Equality Film and Speak Series.



Wally Reardon, from Pulaski, is an injured tower worker who coordinates the Workers at Heights Safety and Health Initiative, a project of the Occupational Health Clinical Center at Syracuse. He worked on towers for nearly 14 years, and has interviewed those who have survived serious injury and surviving family members who lost loved ones. In 2010, Reardon won one of the nation's highest occupational health and safety awards for grassroots activism.

The program is free, but donations will be accepted to support the Workers' Center of CNY. Light refreshments will be served.

For more information about the series, please call (315) 625-7965



WhaleCoast Alaska 2014

Have you always dreamed of visiting Alaska? If so, **WhaleCoast Alaska 2014** is for you! Four Alaskan UU fellowships invite you to experience our eco-cultural and spiritual program this summer! See Alaska through the eyes of local UUs in Anchorage, Fairbanks, Juneau, and Sitka with friendly homestays and unique tour activities. See wildlife, including moose, bear, whales, bald eagles, seals, and caribou. Visit Denali National Park. Experience Native Alaskan culture. Enjoy all that our beautiful state has to offer. Programs led by Dave Frey, a member of the Fairbanks, Alaska UU congregation, an expert in Alaska travel. To find out more about your Alaskan trip of a lifetime, visit www.WhaleCoastAK.org, email dfrey@whalecoastak.org, or call (907) 322-4966.



Our Care Baskets

Many of us will enjoy time with our children in the snow over the February vacation, but it is a time of increased challenge for many families in our community as children are home for meals instead of at school. So please be kind and generous in your donations to our personal care and food baskets in the foyer. Our small gifts are greatly needed and appreciated.

~ Lee Ann McKinney

View from the Study Window

(continued from page 1)

called a “useless” day. Who has time in her life for a “useless” day? I believe that it’s vitally important to make and take sabbath time, in some form, on a regular basis. But I feel hypocritical saying so. I imagine it’s that way for most ministers. So we look forward to, and cherish, our times of sabbatical. If my days off are times to “walk the orchard”, then my sabbatical, these next four months, will be an opportunity for me to experience a more deeply restorative time.

Four months: a portion of my seventh year. The Book of Leviticus calls the seventh year, the sabbatical year, a time for “solemn rest” – a time to practice for the world to come. As this time has drawn closer, I have pondered what it is that I most need in my life. I recalled the questions posed in the Choir’s anthem “Soul Spring”:

“Where do you go to find the spring where your soul drinks deep? ... Does the water restore your heart? Does it fill you up at the center, so that some of your essence flows out to this thirsty world?”

What will fill your spirit? What will bring you into the presence of eternity? These blessings do not come on our command, but perhaps according to some inscrutable nature. What we can do is simply to clear the time and space for them. My first and foremost objective this spring will be restoring my body, mind, and spirit to a greater level of wellbeing. (I have other, smaller things in mind, but this is the main thing.)

This four months is an opportunity for both you and me. It is a time to rediscover who you are as a congregation, without your parish minister. And it’s an opportunity for me to rediscover who I am as a woman and a minister apart from May Memorial. It will feel strange, for sure. But it will be good – a healthy, growing, and affirming time.

“Opportunity” means “favorable circumstances”, a “fit time”, or a “good chance”. Most literally, it means “at or before the port”. We are at a portal, a sort of doorway leading who-knows-where. Portals can be scary places. But what we feel here, “at or before the port”, is a life-giving apprehension – an excitement befitting our journey into May Memorial’s future.

~ Blessings, Jean

Calendar (continued from page 12)

Monday, February 17th 6:30 pm	President's Day - Office Closed Spiritual Enrichment Group	Memorial Room
Tuesday, February 18th 3:00 pm 7:00 pm	T'ai Chi Chih Board of Trustees	Social Hall Social Hall
Wednesday, February 19th 6:30 pm	Men's Fellowship Discussion/Potluck	Social Hall
Thursday, February 20th 3:00 pm 5:30 pm 7:30 pm	T'ai Chi Chih Twisted Sisters Choir Rehearsal	Social Hall Memorial Room Sanctuary
Friday, February 21st 8:00 pm	Folkus Concert: Mike Powell	May Memorial
Sunday, February 23rd 9:40 am—10:10 am 10:30 am 10:30 am 12:15 pm	Individual Spiritual Practice Worship Service Teenz Music and Arts Committee	Creekside Sanctuary Teen Room Memorial Room
Tuesday, February 25th 3:00 pm	T'ai Chi Chih	Social Hall
Thursday, February 27th 1:30 pm 3:00 pm 7:30 pm	Bookenders T'ai Chi Chih Choir Rehearsal	Memorial Room Social Hall Sanctuary

When you wear your name tag...



When you wear your name tag, you are saying something about yourself beyond your name. By pinning or sticking on that name tag, you say...

- *I am a courteous person, who relieves others of the struggle of trying to remember everyone's name.*
- *I am an open person, who wants to get to know others, and welcomes them getting to know me.*
- *I am a helpful person, who is eager to do my part to build connections in our changing congregation.*
- *I am a thoughtful person, who remembers how I myself have suddenly blanked on the name of a dear acquaintance.*
- *I am a realistic person, who knows that there are always visitors here, and that to get to know us, they need the help of our name tags.*

May Memorial

Unitarian Universalist Society

May Memorial is a member of the Unitarian Universalist Association and the Unitarian Universalist Service Committee.

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NEWSLETTER SUBMISSIONS
Email ♦ newsletter@mmuus.org

MMUUSletter is a publication of events and information at May Memorial Unitarian Universalist Society. To be included on our mailing list, please contact our office at 315.446.8920 or office@mmuus.org.

The deadline for the first of the month newsletters is the 15th of the preceding month. The deadline for mid-month newsletters is the 5th of the month. Articles received after the deadline will be included in the next newsletter. To submit an article, please email it to newsletter@mmuus.org.

May Memorial Unitarian Universalist Society
3800 East Genesee Street
Syracuse, NY 13214

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TIME VALUE

Calendar

Sunday, February 2nd

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:00 pm	First Sunday Luncheon	Social Hall
12:15 pm	Spanophiles	COA

Monday, February 3rd

6:30 pm	Spiritual Enrichment Group	Memorial Room
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Tuesday, February 4th

3:00 pm	T'ai Chi Chih	Social Hall
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Thursday, February 6th

3:00 pm	T'ai Chi Chih	Social Hall
7:30 pm	Choir Rehearsal	Sanctuary

Friday, February 7th

8:00 pm	Folkus Concert: Peter Mulvey	May Memorial
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Saturday, February 8th

1:00 pm	Dan Sage's Memorial Service and Reception	Sanctuary and Social Hall
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Sunday, February 9th

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room

Tuesday, February 11th

3:00 pm	T'ai Chi Chih	Social Hall
6:30 pm	Soul to Soul	Teen Room
7:00 pm	Program Council	Memorial Room

Thursday, February 13th

12:00 pm	Green Sanctuary Committee	Memorial Room
3:00 pm	T'ai Chi Chih	Social Hall
7:30 pm	Choir Rehearsal	Sanctuary

Saturday, February 15th

10:30 am	Worship Committee	Memorial Room
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Sunday, February 16th

9:40 am—10:10 am	Individual Spiritual Practice	Creekside
10:30 am	Worship Service	Sanctuary
10:30 am	Teenz	Teen Room
12:15 pm	Spanophiles	COA

(continued on page 11)